

Superpowers and mattpocock/skills: Cross-Platform Agent Skills Frameworks

Kabui, Charles

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Superpowers and mattpocock/skills: Agent Skills
Cross-platform skills frameworks for coding agents

- 6+** Agents supported by Superpowers framework
- 15** Skills in mattpocock collection
- 3** Skill stages: discover, activate, execute

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[Superpowers](#) is a cross-platform software development methodology and skills framework created by Jesse Vincent. It works across Claude Code, Codex, Cursor, OpenCode, and Gemini CLI, supporting six or more agents from a single set of conventions. The workflow moves through four distinct phases: brainstorming, git worktrees for isolation, implementation plans,

and subagent-driven development. TDD and code review are built into every step, ensuring that agent-generated code meets the same quality bar as human-written code.

[mattpocock/skills](#) by Matt Pocock provides 15 Claude Code-specific skills including `/grill-me`, `/tdd`, `/diagnose`, and `/improve-codebase-architecture`. The [Agent Skills format](#) was originally developed by Anthropic and released as an open standard. Skills are `SKILL.md` files with metadata that agents load on demand through progressive disclosure. Each skill goes through three stages: discovery, activation, and execution, loading only when the current task calls for it.

Together these projects represent the largest demand signal in agent tooling today. Superpowers proves that workflow patterns transfer across multiple agents, while [mattpocock/skills](#) shows that focused, single-agent skills can reach massive adoption quickly. The skills layer may prove more valuable than any individual agent, because skills compose across tools while agents remain siloed. As more coding agents adopt the `SKILL.md` format, the value shifts from building better agents to building better skills that work everywhere.

Sources:

- [Superpowers GitHub](#)
- [mattpocock/skills GitHub](#)
- [Agent Skills spec](#)
- [Superpowers release announcement](#)

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